

Area Secretary Email: secretarycnana@gmail.com

Central Nova Area (CNA) Zoom Meeting Information

Name	Time	Meeting ID	Meeting Password	Notes
Cape Breton Nooner	Mondays & Thursdays 12 p.m.	724 709 53247	123	
Road to Recovery	Mondays at 7:30 p.m.	436 730 8074		
Shelter from the Storm	Wednesdays - 7:15 p.m. open for 7:30 p.m. start	724 677 669		
Cape Breton Nooner	Monday and Thursday at 12 p.m.	724 709 5327	NA	
Carrying the Message	Mondays and Wednesdays at 8 p.m. Speaker Meeting	635 213 5107		
Pride in Our Recovery	Tuesdays at 7:00 p.m.	870 503 780	pride	
Serenity Seekers	Men's & Women's Meeting (combined), Wednesdays - 6:30 p.m.	914 269 069		Non-Smoking Meeting
Love Life	Wednesdays at 7:00 p.m.	724 709 53247	123	
Get Honest or Die	Thursdays at 7:30 p.m.	799 808 741	cnana	
This Too Shall Pass	Thursdays at 8:00 p.m.	163 541 748		Open Meeting; Non-Smoking Meeting
Starting Point	Fridays at 8:00 p.m.	741 6197 9645	CNANA	
Just for Today	Saturdays at 11:30 a.m.	204 349 650		
You're Not Alone	Saturdays at 7:00 p.m.	724 709 53247	123	
NA Hope	Sundays - opens at 12:45 p.m. for 1:00 p.m. meeting	635 213 5107		
90 in 90	Sundays - open at 7:15 p.m. for a 7:30 p.m. start	664 566 277	909090	