

NA Meetings that have Re-Opened

Meeting held when?	Group	Opening Date
Mondays only – 7:30 pm	Shelter from the Storm	August 31 st is first meeting
Mondays – 7:30 pm	Sharing the Message	Currently Open
Wednesdays – 6:30 pm	Serenity Seekers	September 2 nd is first meeting
Wednesdays – 7:30 pm	Breaking Free	Currently Open
Thursdays – 7:30 pm	Nature of Recovery	September 10 th is first meeting
Fridays – 7:30 pm	You Have a Choice Today	September 5 th is first meeting
Fridays – 8 pm	Starting Point	Currently Open
Saturdays only – 7:30 pm	Road to Recovery	September 5 th is first meeting and will be held at a new temporary location: 3 Dundas Street, Dartmouth
Saturdays – 8 pm	Last Chance	Currently Open
Sundays – 7:30 pm	Strength in Numbers	September 7 th is first meeting
Sundays – 8 pm	New Vision	Currently Open
Mondays, Wednesdays, and Fridays at 12 noon	We Do Recover	Currently Open

PLEASE NOTE:

Meetings that are reopening are abiding by all Public Health protocols including: wearing masks, social distancing, no hugs, no refreshments – details included at the beginning of each meeting – details on meeting locations can be found on our Central Nova Area website.

Please circulate this information.