

# WHAT IS THE SAFE SPACES COMMITTEE?

Central Nova Area of Narcotics Anonymous

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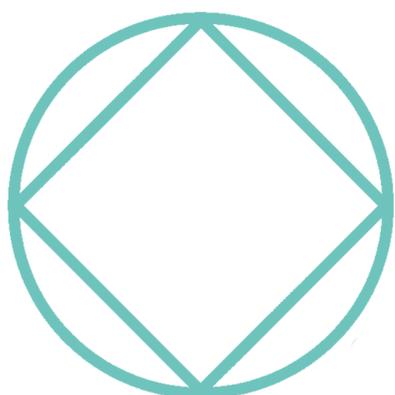
## OUR PURPOSE

We were created to help foster safe spaces in our area by providing support and guidance to any groups and members that want to take part.

This support could be literature, workshops and other resources.

## WHY ARE WE HERE?

The primary purpose of NA is to carry the message to the addict who still suffers. We, as a committee, believe that it is hard for an addict to hear the life saving message of Narcotic Anonymous when they do not feel safe and welcome. We are incredibly grateful that most of us do feel safe and welcome yet also look forward with hope that we can continue to do better. If even one addict can better hear the life saving message of NA in our area we will have gratefully fulfilled our purpose. We look forward with an attitude of hope and have faith that our spiritual principles and traditions will guide us in our service and recovery.



## DID YOU KNOW?

We have, so far, had 9 groups take part as well as many interested members. Any member or group is welcome to attend and take part or even just hang out and listen. Our committee has a similar structure to the Area Service Committee and all decisions are led by the groups.

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We don't talk about individual situations or members. We follow the principles of the program and the traditions and aim to live in the solution.

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We are not the first area to form a committee like this! We have collected literature and resources from other areas + regions and gratefully learn from their experience and are happy to share it. If anyone would like to check out the literature we've collected just get in touch!

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